



Making Waves

The LWRC
Quarterly
Newsletter

Vol. 4, No. 2
Early Summer 2018

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Opening Day 2018

Determination Pays Off for LWRC Women

This year, LWRC snagged an invitation to enter a 30+ women's 8+ in the Opening Day regatta. Two rowers, **Teddi McGuire** and **Rachel Wong**, had been in the winning 30+ mixed 8+ at last year's Opening Day and were eager to win again. To prepare us, **KC Dietz**, last year's coach, guided us through an intense boot camp leading up to the regatta; the first two weeks of training included several days of seat racing to select our crew. After many hours of observation and deliberation, KC announced the lineup: **Brooke McCulloch** (cox), **Teddi McGuire** (stroke), **Rachel Wong** (7), **Megan Northey** (6), **Meghan Ricci** (5), **Stephanie Thrasher** (4), **Marcy Heffernan** (3), **Avery Shinneman** (2), and **Allison Thomas** (bow). With the lineup set, we got to work.

Three times a week, we would meet at 5 in the morning, go over the day's workout, and launch. Despite our hard work, it took some time for the boat to start moving as one unit. We made small lineup changes, altered our race plan, continued to seek faster splits. At times, the nervous energy was palpable; sev-



eral of us had raced in the San Diego women's 8+ and were looking for a better result in this race. On top of that, we were having a re-match of sorts with Pocock, who had raced a similar lineup in San Diego and not only beaten us handily but won the entire event.

Finally, just a few days before Opening Day, our final lineup was decided, practiced, and ready to go. As we pulled into the starting platform, I looked to my left down the line of

The winning 30+ women's 8+ with coach KC Dietz

Determination, continued

our competitors: Pocock in lane 2, Lake Union in lane 3, and College Club in lane 4. A chain of fist bumps passed from bow to stern, a little reassurance for each rower that we were in this together. The race official aligned our boats quickly. Then we all looked to the flag, the cheering boaters and loud music from the yachts almost overwhelming the sound of the start: “Attention, go!”

Almost immediately, we fell behind. Our start was slow and heavy, and all three crews pulled ahead. But once Brooke called for our first power 10, the boat began to find a rhythm. By the 500-meter mark, we had a slight lead over College Club. We continued to push on Brooke’s commands, gaining ground on Pocock, yet it felt like not enough progress in too little time. But none of us was prepared to give up without a fight. As we approached the



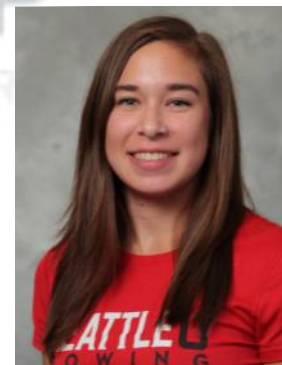
1500-meter mark, I could see Pocock in my peripheral vision—we had pulled our bow up to their 4 seat. The

noise grew louder as the crews squeezed into the Montlake Cut, and amongst the cheers, I could hear Brooke call a move for power. *“We are even with Pocock! Give me more!”*

With about 400 meters to go, we dug in to gain a very slight lead over Pocock. As we began our sprint, picking up the rate and surging through the water, Lake Union came into view. With only 200 meters remaining, we were sitting bow ball to bow ball with LUC. Brooke was screaming into the microphone, and still we could just barely hear her over the roar of the crowd. *“You can take this race! I need you to move, right now!”* The last 20 strokes blurred together as we crossed the finish line, a narrow 1.1 seconds ahead of Lake Union.

The win had us all elated and, frankly, a bit surprised. We knew we’d been up against tough crews, and our slow start was initially discouraging. Our crew’s ability to not only make up the lost time on the start, but also to push ahead into first place within the last 500 meters shows just how powerful and resilient my teammates are. Everyone in the boat was immensely proud to wear the LWRC logo on her back as we crossed that finish line. For now, we remain focused on gaining speed and developing a competitive women’s team as we look ahead to our Women’s A 8+ at Masters Regionals in a few weeks. We hope to see you all there!

—Rachel Wong





Drama in the Cut on Opening Day

Spectators anticipating the final race at Opening Day were shocked to see a man jump into the water near the eastern end of the Montlake Cut and attempt to swim to the other side while pushing a large plastic bag filled with his possessions. His progress was painfully slow, and soon the crowds began to fear he would be injured by the fast-approaching eights. He narrowly

missed being run over by the women's varsity crews. Arriving on the south shore at the totem pole in the nick of time, he was greeted by a Seattle Police Department launch. The officers

questioned him at length and in the end sent him on his way with appropriate cautions.

Fritz
Scholz
photos



Editor's Note

With each new issue of *Making Waves*, it's amazing to see the richness of experience shared by our members. Despite our common passion for rowing, our lives off the water reflect our diverse backgrounds and experiences.

Tyler Peterson spent months training with a partner for the inaugural Seventy/48, a 70-mile race from Tacoma to Port Townsend in a maximum of 48 hours. You can read about it on [page 4](#). **Theresa Batty** introduces us to the world of glass art—a polar opposite of rowing and therefore perhaps the perfect complement. [See page 12](#).

For decades, **Marilynn Goo** has watched our sport grow in the Northwest. Her ties to UW Crew and to LWRC give her a unique vantage point when it comes to supporting the successful effort to make the ASUW Shell House the first University of Washington Seattle Landmark. [See page 7](#).

Jane Ritchey shares two of her 20,000 bird photos, including one of the rarely sighted rhinoceros auklet. You can check them out on page 14

Needless to say, LWRC is proud of our Opening Day 30+ women's eight, the fastest of four entries. **Rachel Wong** describes their preparation and the race itself on [page 1](#).

Enjoy!

—**Roberta Scholz**





One Long Row

What is the longest distance you've ever raced? One thousand meters (masters sprint races)? Two thousand meters (college/Olympic races)? Five to 14 miles (Sound Rowers event)? Twenty-six miles (marathon row)?

This year will see the inaugural Seventy/48—a 70-mile event for human-powered boats, from Tacoma to Port Townsend with a time limit of 48 hours. The finish line will also be the start line for the Race 2 Alaska—R2AK—from Port Townsend to Ketchikan a few days later.

Entries include 120 boats: about 40 rowing boats, 35 kayaks, and 30 SUPs, plus some outriggers, canoes, and pedal boats.

Racing from LWRC are **Tyler Peterson** in a double with **Greg Spooner** ("Way Two Close") as

well as **Rainer Storb**, **Adrian Storb**, and **Jeff Bernard** along with **Todd Silver** in an open-water quad ("Sound Rowers").

To be clear: This is a 70-mile row in open water, through the night(s), and at times against the tide and current. The buoys on the course offer little help in steering the straightest line. And, to make it more interesting, there's a cash prize of \$12,000 to the winner (the entry fee of \$100 from each boat in the competition). Completing this race in 14 hours will require a steady-state pace of five miles per hour – equivalent to a 1,000-meter (Fremont Bridge to SPU) pace of 7:00 minutes for 110 times in succession! And the water conditions cannot be expected to be glassy calm but more like the Montlake Cut on a Husky football Saturday.

The race started on Monday, June 11, at 5:30 p.m. and could be tracked on the website: <https://r2ak.com/seventy48>. Here you can also find pictures and descriptions of all participants in both races.

—Alex Parkman



Tyler Peterson has been rowing since 1995, has been a member of the US National Team, and holds many course records in open-water races. He is a two-time winner of the North American Open Water Championships. Tyler is the current President of [Sound Rowers and Paddlers](http://www.soundrowers.org/) (<http://www.soundrowers.org/>), the nation's premier open-water rowing club.

Read Tyler's account of his participation in the 2003 Pan Am Games with Evan Jacobs in the March 2016 issue of [Making Waves](https://preview.tinyurl.com/y89ca8w4) <https://preview.tinyurl.com/y89ca8w4>

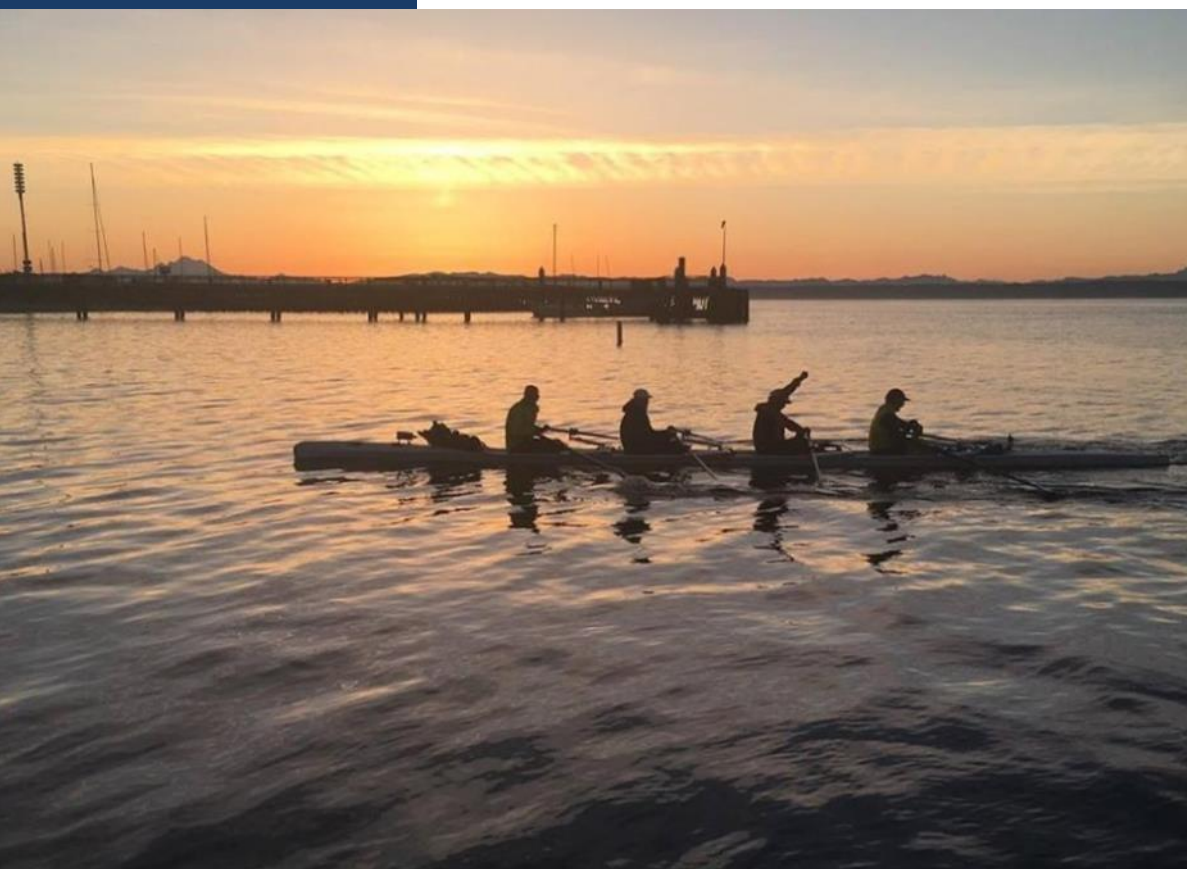


SEVENTY48 Results

Tyler Peterson and Greg Spooner placed third out of 121 entries in Seventy/48, arriving in Port Townsend at 4:20 a.m. after departing from Tacoma at 5:30 the previous evening.

First place went to the kayak paddled by former Olympian Greg Barton and his partner, Kevin Olney. They landed at 3:09 a.m., followed just 19 minutes later by a crew of six in an outrigger canoe.

Read more at: <https://www.peninsuladailynews.com/news/winners-finish-seventy48-race-in-under-10-hours/>.



Top left: Tyler and Greg in Way Two Close are neck-and-neck with Epic, the kayak double that finished first. Top right: Tyler and Greg finished in 10 hours 50 minutes. Left: Adrian (41), Jeff (48), Todd (64), and Rainer (83) finished in ~11:45 hours.

Designer's Note: *Making Waves* is meant to be read on-screen. Printable on letter-size paper at 94% size, it is laid out in monitor proportions (landscape), text is large, and underlined links are live. Use the [full-screen setting](#) in Adobe Acrobat Reader for the most legible view.

—Suze Woolf



President's Message

Lots of Action at LWRC

As many active members can attest, the boat bays have never looked better—thanks to the carpentry skills of **John Stevenson** (brother of member **Karin Rogers**) and the highly energized **Sow's Ear clean-up crew**. Many others have lent a helping hand with moving our equipment to new racks: thanks to all of you! We plan to move our gym to the larger space upstairs at the end of June—ask the main office how you can help.

Successful Programs

Our rowing programs are thriving. The **LWRC women's 30+** eight eked out a major victory on Opening Day. Only seconds separated LWRC from Pocock and Lake Union Crew! ([See page 3.](#))

Many of our members will head to NW Masters Regionals on June 22—24 to race in singles, doubles, quads, fours, and eights. Lots of boats will be gone during that time, so this might be a good time to go out in an open-water boat and find some waves.

Our Learn to Row sculling classes are full. The class frequency per course has doubled

from 8 to 16 days, merging what used to be LTR1 and LTR2. To keep people interested, we're increasing the number of intermediate classes and adding coaches to existing programs. **John Robinson** and **Meghan Ricci** just completed a month-long Sculling Skills class. Many of these LTR students have since joined the club. Thanks to **all the coaches and volunteers** who helped create a positive learning environment for our novices. Perhaps **you** would like to be an assistant coach. It's fun!

Have a great summer on the water.

—**KC Dietz**

LWRC Board President

Check out our programs!

<http://lakewashingtonrowing.com/home/programs>

Take advantage of the espresso machine!
It's in the meeting room at the top of the stairs.



New Beginnings

LWRC is entering a new and exciting phase this year as we prepare for the highly anticipated move of **Holy Names Academy** to the Fremont boathouse this summer. Their high-school girls' crew program starts August 24. HNA will use the boathouse Monday through Friday between 2:45 and 6:15 p.m. during the school year and will also run some summer programs. We hope you will welcome them enthusiastically!

Housekeeping

To prepare for accommodating the additional boats and equipment, we've added more rack space, cleared out old equipment, rearranged our inside storage, and completely revamped the outside boat-storage area.



New Shoes on the Dock

Linnea Wright Becomes a Northwesterner

Linnaea Chapman Wright attended Ticonderoga High School in Ticonderoga, New York (a small town near the Adirondacks). She went on to study biology, with a minor in French, at Hamilton College

near Utica, New York. Linnaea has three younger brothers, all now taller than she is. Her mom, Malinda Bergamini, rowed a bit at Williams College, and her dad, Glen Chapman, was part of a Cornell eight that became very successful in 1977. (His famous “Clem cakes,” pancakes made from a family recipe, earned their name after a reporter mistakenly called him Clem. When Glen made Clem cakes for his crew team before every race, they kept winning—so *Sports Illustrated* published an article calling them the “Breakfast of Champions.”)

Linnaea came to Seattle as a traveling companion of a college friend. It worked out well, given that she has uncles and aunts in the Seattle area. She eventually met her

husband at the Arboretum.

Last September, she decided to try rowing and joined the Learn to Row sweep class. After all, her parents had both rowed in college, as did some of her college friends. Linnaea picked LWRC because it is within walking distance from where she lives. As she says, “it is convenient, and I have no excuses not to show up!”

Linnaea rowed with Mixed Masters this spring but is taking a break for the summer to do field work in Alaska. She is surveying and banding birds in spruce bogs around Anchorage and the interior, as well as observing birds from an icebreaker in the Chukchi Sea.

—Joani Harr



Harbor Patrol
206-684-4071

The number is posted on the bulletin board in the boathouse.

SAFETY ALERT!

You may have noticed a new north-south line of five buoys in the center of Lake Union. They mark a “seaplane advisory area” trial this summer. They will be removed after Labor Day. Read more about the project here: <https://www.kenmoreair.com/buoys/>.

Origins

From Modest Beginnings

Marilynn Goo's careful research reveals the history of the ASUW Shellhouse, which guards the eastern entrance to the Montlake Cut.

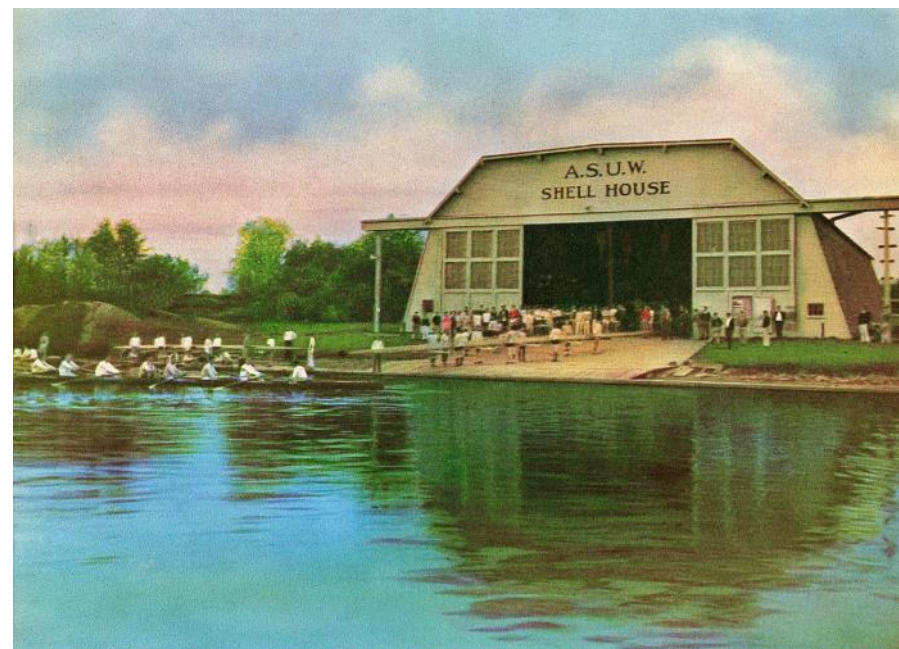
Built in 1918 as an aircraft hangar, this classic structure eventually became the home of UW crews until the Huskies moved to the Conibear Shellhouse in 1949. (University of Washington Recreation photo)

Sixty-plus years ago, a group of elite men started rowing as the Lake Washington Rowing Club. They had been rowing for over a year with **Stan Pocock** as their coach, seriously training to race in the 1959 Pan American Games. Over the winter, they had chosen a name for their “club” and selected blue and white as their colors. As described by Stan in *Way Enough*, the LWRC oarsmen first rowed out of the Seattle Tennis Club but then were given permission to use the lean-to at the back of the old Associated Students of the University of Washington (ASUW) Shell House.

The ASUW Shell House had started out as an aviation hangar at the US Navy training station located on the University of Washington campus. It was built in 1918, but shortly after it was finished, World War I ended. In August 1919, the hangar was given to the university and it subsequently became the ASUW Shell House. With a value of \$18,000, it was the most expensive college crew house in the country at the time.

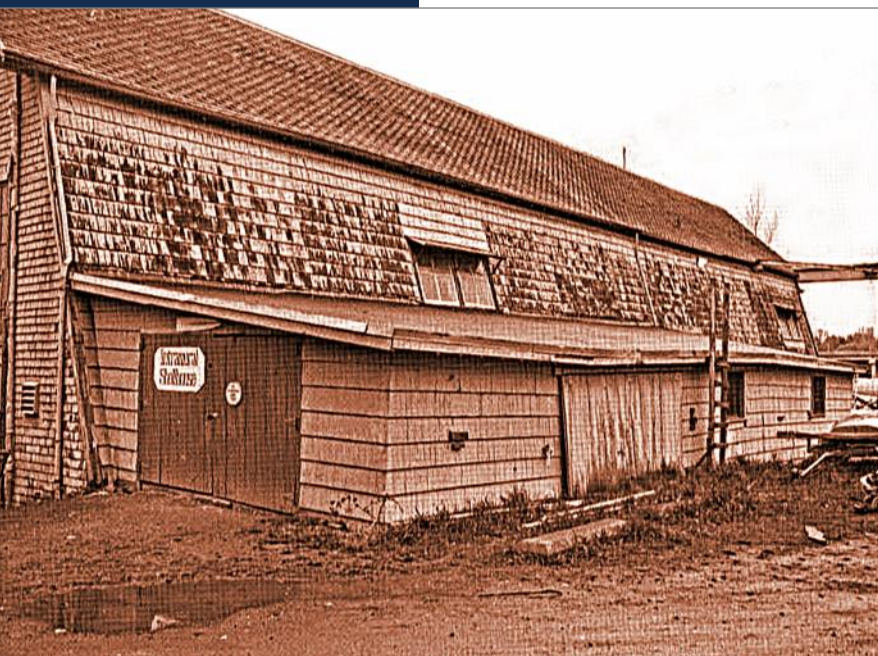
In 1922, a mezzanine was added at the north end of the shell house as space for **George Pocock** to build racing shells. At some point thereafter, a shed was added to the northern end along the west side. This shed became the

locker room for the UW crew, but after they moved to Conibear Shellhouse in 1949, it was used for storage and the ASUW Shell House became known as the Canoe House. It was this shed that became LWRC's boathouse in 1958, after the members cleaned out piles of stuff that had accumulated over the years.



While rowing from the shed, LWRC oarsmen won gold medals in the 1959 Pan Am Games, 1960 Olympics, and 1964 Olympics. They rowed equipment that had been donated by Pocock Racing Shells. Women began rowing at LWRC in 1963, also from the shed at the Canoe House.

**ASUW
Shell-
house,
continued**



LWRC continued to row from the shed during this time but occasionally trained at Conibear Shellhouse on Union Bay.

In 1969, the newly formed University of Washington Women's Crew Club began rowing from the main structure, by then known as the

Canoe House. The main structure was also used for canoe rentals and boat storage. The women rowed the wooden tub fours, boats so

heavy they required eight rowers to carry each to the water. Some of the women who learned to row at the Canoe House later went on to join LWRC.

In 1975, the UW Canoe House was listed on the National Register of Historic Places as a "rare, if not unique, example of an architectural type developed in the early years of aviation." LWRC was kicked out of the shed and it

was torn down in the mid-1970s. UW head coach Dick Erickson allowed LWRC to move its boats into Conibear Shellhouse, where they rowed as not particularly welcome guests.

In 1980, a partial restoration of the Canoe House was performed to restore the exterior to its original configuration. Since then, little has changed. Canoes, kayaks, and rowing shells owned by the university and private parties are stored there but are not particularly accessible. Users need to rely on the nearby Waterfront Activities Center for restroom facilities, and the center's hours do not coincide well with rower hours.

Publication of *The Boys in the Boat* in 2013 renewed interest in the facility. UW Recreation launched a capital campaign to restore the building and make it a destination for students and the community. In early 2018, the University submitted a landmark nomination for the Canoe House to the Seattle Landmarks Preservation Board. After a hearing in March, it was designated the UW's first Seattle Landmark. Information about this project can be found at <http://www.washington.edu/ima/waterfront/asuw-shell-house/>.

Meanwhile, LWRC moved from Conibear to the Garfield floating boathouse on south Lake Union in 1975, a warehouse in 1987, and the current Fremont boathouse in 1994. The Fremont boathouse sits on land owned by the

The "shed" was added to the main structure in the early years and served as a locker room for Husky crews until they moved to Conibear in 1949. It was used as a storage room until 1959, when LWRC moved in. (University of Washington Facilities Records photo)

**ASUW
Shell-
house,
continued**

Marilynn Goo checks out a vintage "tub four" used in the 1970s. It took eight women to carry this very heavy four. (Marilynn Goo photos)

Fremont Dock Company, with a 99-year lease with rent renegotiated every 15 years.

The next rent increase will be negotiated in 2023 and is expected to rise from \$5,200 per month to \$20,000 per month. As part of the lease agreement, LWRC has first right of refusal if the land is ever put up for sale. LWRC has established a committee to generate funds to help LWRC thrive for at least the next 60 years. Expect to hear more about the committee and its initiatives in the future.

—Marilynn Goo

Sources:

Frank Cunningham, "The Time has Come." LWRC Newsletter Fall/Christmas 2009.

Stanley Richard Pocock, *Way Enough: Recollections of a Life in Rowing*. April 2000.

Landmark Nomination, University of Washington Canoe House. January 12, 2018. http://www.seattle.gov/Documents/Departments/Neighborhoods/HistoricPreservation/Landmarks/CurrentNominations/LPBCurrentNom_UW_Canoe_House.pdf.

Craig Smith, "A Historical Perspective of the Lake Washington Rowing Club." August 2014.

Memories from Nancy Blakemore, Dinny Polson, Al Mackenzie, B.J. Connolly, Jan Harville, and others.



Member Profile

Jordan Tigani Returns to Rowing

Jordan Tigani will be a recognizable name to anyone who hangs around the boathouse. He can be seen out on the water in his brand-new, bright-red Hudson single or in team boats prepping for an upcoming regatta, often with the Mixed Masters group. Jordan also was recently voted onto the LWRC Board of Directors as the club's co-captain alongside **Teddi McGuire**. He notes that Teddi takes on so many responsibilities at the club that his job as co-captain "has involved embarrassingly little work." Nonetheless, Jordan is one of the club's most dedicated members and is known as one of the most reliable members in the LWRC community.

Jordan first discovered the sport of rowing in high school, rowing year-round until he arrived at Harvard. Here he discovered he would need to cut weight and become an early riser in order to join the competitive team. He opted to try out for the rugby team instead and, other than the occasional intramural rowing practice, took a 20-year hiatus from the sport. Jordan eventually came back to rowing after injuring his ankle in training for a marathon,

wanting to find another way to stay in shape. He initially limited himself to the erg, but after watching rowers cruise up and down the canal, Jordan decided to join them by signing up for one of LWRC's Learn to Row classes.

Since then, Jordan has been a devoted rower and can boast of some impressive race results from the past couple of years. He raced in the 3 seat of the men's 40+ 4+ that went to Head of the Charles in Boston last fall, and he sat in the 4 seat of the winning mixed 8+ from last year's Opening Day regatta. In the upcoming racing season, he hopes to gain speed and skill in the single and perhaps try out for the Head of the Charles boat once again.

When asked about the future of the club, Jordan has high praise for LWRC's community and culture. "I think the club is pretty great already, so my goal would be to just help it continue to thrive." He hopes to continue to expand membership and to increase the conversion rate of Learn to Row students to full-time rowers. Jordan's passion for rowing and



Tegan and Jordan Tigani

his community-oriented mindset make him a great fit for co-captain, and he sets a great example for those who may be considering a



return to rowing after some time off. Be sure to wave hello to him around the boathouse—and cheer him on in three weeks at Masters Regionals!

—Rachel Wong

Coach Profile

Theresa Batty, Artist

Most of us know Theresa Batty as an experienced coach, but her artistic accomplishments reveal another side to her life.

As a teenager, I fell in love with film and photography and then went on to study cinematography and photography. Pre-digital animation was a true passion, and I made several short animated films while attending The Evergreen State College. (Matt Groening was a few years ahead of me.) After graduating from Evergreen, I started working with glass and sand casting. I combined an antique photo-printing process with some of my glass, using mainly very old photos I had collected.

I was granted a scholarship to study glass sculpture at the National Academy in Stockholm, Sweden, which allowed me to expand on the process. I was drawn to the liquid optic qualities of glass and how it could distort photo images, as well as how glass both absorbs and emits light in ways that no other material can.

It's a challenging material to work with, but also very exhilarating. I've been fortunate to work with some of the giants in the glass-art world,



Top: Chroma
Blocks;
Middle:
Broadview
Library;
Bottom:
Pilchuck pour

Theresa Batty,
continued

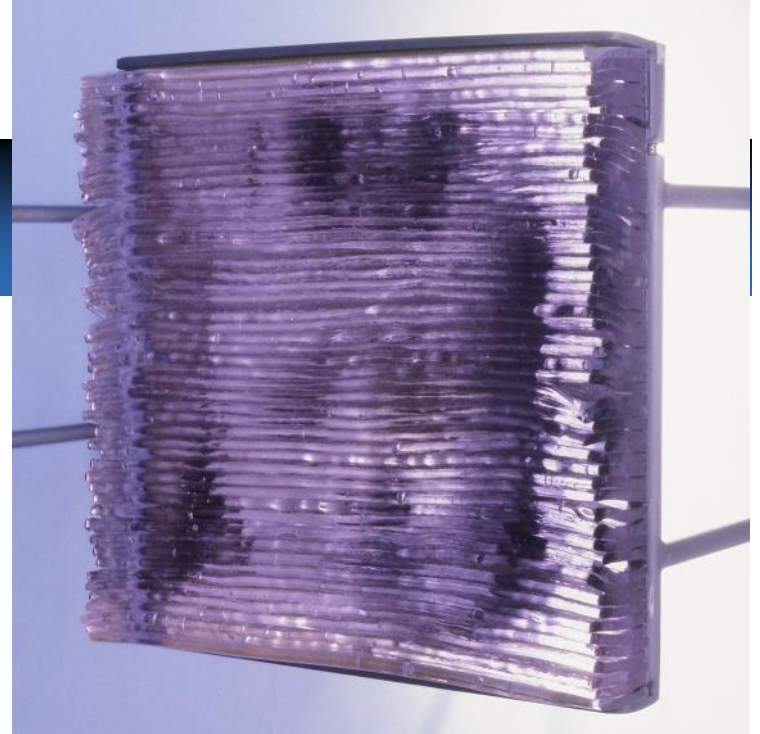
*Left: Bus Shelter Mural,
Camano Madrona;
Right: Tektite,
Lavender 1, fused
glass, silver gelatin
emulsion and steel*



first as Dale Chihuly's photographer for four years and also as a teaching and production assistant to Swedish casting artist Bertil Vallien for 19 years. I've been teaching glass casting since 1995 in the US, Denmark, and Sweden. It's always great fun.

Besides exhibiting in galleries and a few museums as a studio artist, I've completed several public art commissions, including the Seattle Public Library's Broadview Branch and White Center Park. I hope to eventually become a full-time artist with a rowing problem.

—Theresa Batty



Left: To Have and To Hold; Right: How the West Was Won, both glass and silver gelatin.

Saltwater Special for Puget Sound Rowers



Jane Ritchey photos

Jane Ritchey is an experienced observer and photographer of local wildlife, especially birds. She writes:

Summer is the time to get out on the saltwater. Kayakers and open-water rowers might be lucky to see these very rare rhinoceros auklets. They are unsuspicious, so you can get fairly close. They represent the only extant species of Cerorincha in the Northwest. Watch for them especially at rowing events based in Port Townsend or at the upcoming saltwater distance rows.

Commonly seen soaring over water, ospreys eat fish and other small mammals. They compete with eagles for the same food and will often be chased off by the eagles. They are quite common and are sometimes seen around small lakes, too.

Top: Two rhinoceros auklets check each other out.

Bottom: Osprey in predator mode

(Inquiring minds want to know what happened to the osprey nest atop the southern crane of laid-up barge [Mauna Kea](#)Perhaps they moved to the nesting box built for them by the [Seattle Parks Department in Commodore Park](#) ?)